



Cervical Screening Programme



Department of Health

Cervical Screening Programme

Invitation

Protect yourself from Cervical Cancer!

Please have cervical smears regularly and register with the Cervical Screening Programme of the Department of Health.

Cervical Cancer

Disease Burden of Cervical Cancer in Hong Kong

Cervical cancer was the seventh most common cancer among females in Hong Kong in 2009. There were 453 new cases, accounting for 3.7% of all new cancer cases in females. The median age at diagnosis was 53. The chance of developing cervical cancer in the lifetime was 1 in 127. Cervical cancer was the ninth most common cause of female cancer deaths in 2010. There were 146 deaths, accounting for 2.8% of all cancer deaths in females.

Prevention of Cervical Cancer

Risk factors for cervical cancer include infection with human papillomavirus (HPV), sexual activity at an early age, having multiple sexual partners, smoking and weakened immunity. Cervical cancer is prevented primarily by controlling the risk factors with measures such as practising safer sex, avoiding smoking and adopting healthy lifestyle. Scientific evidence has demonstrated that organized population-based screening is very effective in reducing cervical cancer incidence and deaths.

Screening of Cervical Cancer

Cervical cancer is usually preceded by abnormal changes in the cervical cells which can occur without any symptoms or pain. Cervical smear is a simple screening test that could detect these abnormal cellular changes in the cervix. With early detection, prompt and proper management, such lesion would be prevented from developing into cervical cancer.

Cervical Smear

It is a very safe and simple test that only takes a few minutes. The doctor or nurse will use a special instrument called a speculum to gently open the vagina so that the cervix can be seen. A slim spatula or a small brush is then used to wipe some cells from the cervix. The cells are transferred onto a glass slide or into a bottle of preservative fluid, and sent to the laboratory for examination. The test should not hurt; if it does, tell the doctor or nurse.

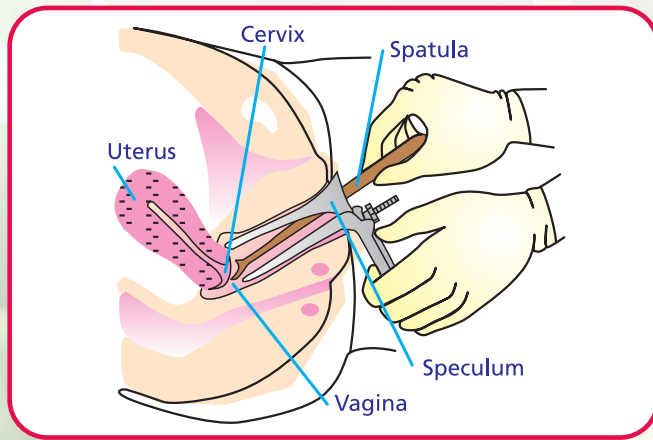


Diagram showing how a cervical smear is taken

Persons Who Need Cervical Smear

- ❖ All women aged 25-64 years who have ever had sexual experience, irrespective of whether being single or married, or whether having reached menopause or not, are recommended to have regular smears. Even if one has had no sexual experience for a long time or had sterilization, cervical smear is still needed.
- ❖ Women aged 65 years or above, who have had sexual experience, should seek doctor's advice on having a cervical smear if they have never had one before.
- ❖ Women below the age of 25 who have had sexual experience and have risk factors for cervical cancer, such as smoking, multiple sexual partners, weakened immunity, could seek medical advice from doctors concerning the need for cervical screening.
- ❖ Women who have never had sexual experience or who have had total hysterectomy do not need cervical smear. If you are not certain, please consult your doctor.

Screening Interval

If the first 2 annual cervical smears show normal results, repeat smears every 3 years. If there is any problem, such as vaginal bleeding or pain, don't wait until the next cervical smear. See a doctor straight away, even if the recent cervical smear was normal. Besides, some women may need more frequent screening. Doctors will make recommendations according to the clinical situation.

"No worry when start with 2 annual smears, peace of mind when have it every 3 years afterwards"

Results of Cervical Smear

The different types of cervical smear results are as follows:

1. A "negative" result means no abnormal cells are detected. It means low risk of having cervical lesion, but does not mean no risk at all.
2. A "positive" result means abnormal cells are detected. However, it does not necessarily mean there is cancer. Most of the time, it means some minor changes and only needs follow-up observations by doctor. Sometimes further investigations may be required to see if the changes are serious or not. Women should discuss the management plan with their doctor.
3. A "false negative" result means that abnormality in the cervix is not detected by the test. It can be due to sampling, transfer or laboratory error. Since it takes a long time for cervical cancer to develop, having regular smears can detect those abnormalities that may be missed by a single smear.
4. A "false positive" result means that the test result is abnormal, but no abnormality is detected on subsequent investigations. Since some lesions can regress completely, or are very local, or small, they can hardly be detected in follow up tests. Further examinations or repeated smears can assure that the woman is not harbouring an abnormality.

Cervical Screening Programme

The Cervical Screening Programme (CSP) is a territory-wide screening programme launched by the Department of Health (DH) on 8 March 2004 in collaboration with public and private health care providers and laboratories. The objectives are to increase the population coverage of cervical screening among women and to reduce the incidence and mortality of cervical cancer in Hong Kong. Women are encouraged to have cervical smear in the clinics or medical centres of their own choice and to provide their cervical smear information through their health care providers to the central registry of the Cervical Screening Programme.

The Cervical Screening Information System (CSIS).

CSIS is an electronic central registry for storing participants' information. The Department of Health constantly strictly adheres to the Personal Data (Privacy) Ordinance and will keep personal data confidential at all times. All women who receive cervical smear are eligible to register free of charge.

Methods of registration

1. Registration through health professionals who have joined the programme by filling the registration form.
2. Direct registration
 - i. **Online method**
Complete the on-line registration form on CSIS website (www.csis.gov.hk). Send a photocopy of your Hong Kong Identity Card to CSP by mail.
 - ii. **Offline method**
Download the registration form from the CSP website (www.cervicalscreening.gov.hk) or contact us for the registration form. Complete the form and send it with a photocopy of your Hong Kong Identity Card to CSP by mail.

The benefits of joining the programme

After registration, with your demographic information and smear records provided by your service provider and laboratory to CSIS, you will:

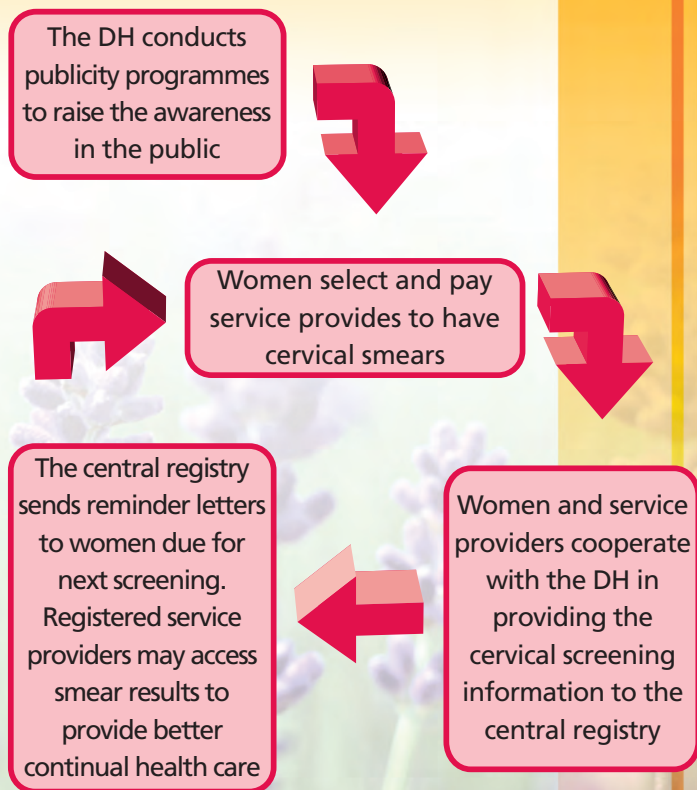
1. Receive reminder letter before your next smear is due.
2. View your stored smear results through CSIS (www.csis.gov.hk)

3. With your authorization, your service provider may access your past smear results to provide better continual health care.

Points to note to applicant:

1. After approval of your registration, a personal account and a personal authorization code will be created in the CSIS. Please remember the code. Your service provider has to use this code for accessing your smear records and personal information.
2. If you register through your service provider, he/she will submit your smear results to CSIS. If you register by yourself, you have to send the smear results to the CSP by mail.
3. After registration with CSIS, you still have to make appointment with your service provider. CSIS will not arrange medical appointment for the participants.

Flowchart of the Cervical Screening Programme



Medical Professionals or Organizations that Provide Cervical Screening Service

- Gynaecologists in private practice and family doctors
(To visit the DH website: www.cervicalscreening.gov.hk)
- Family Planning Association of Hong Kong and Youth Health Care Centre:
(Services hotline: 2572 2222)

Women's Health Clinic	Address	Telephone Number
Wanchai Clinic	Room 901, 9/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong	2574 9523
Ma Tau Chung Clinic	2/F, 105 Mau Tau Chung Road, Kowloon	2711 9656
Yuen Long Clinic	1/F, 149-153 On Ning Road, Yuen Long, New Territories	2477 3201
Tsuen Wan Centre	Room 1621-1622, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2742 8183
Wong Tai Sin Clinic	G/F, No. 1-2, Lung On House, Lower Wong Tai Sin Estate II, Kowloon	2326 2447
Tai Wai Clinic	Shop 24-25, 2/F, Sun Chui Shopping Centre, Sun Chui Estate, Tai Wai, Shatin, New Territories	2604 2720
Youth Health Care Centre	Address	Telephone Number
Wanchai Youth Health Care Centre	8/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong	2575 4799
Mongkok Youth Health Care Centre	Room A, 13/F, Full Win Commercial Centre, 573 Nathan Road, Kowloon	2770 4994
Tsuen Wan Centre	Room 1621-1622, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2443 2773

Birth Control Clinic	Address	Telephone Number
Wanchai Clinic	G/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong	2919 7777
Ma Tau Chung Clinic	1/F, 105 Mau Tau Chung Road, Kowloon	2711 9271
Yuen Long Clinic	G/F, 149-153 On Ning Road, Yuen Long, New Territories	2477 3201
Wong Tai Sin Clinic	G/F, No. 1-2, Lung On House, Lower Wong Tai Sin Estate II, Kowloon	2326 2447
Tsuen Wan Centre	Room 1621-1622, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2742 8183
Tai Wai Clinic	Shop 24-25, 2/F, Sun Chui Shopping Centre, Sun Chui Estate, Tai Wai, Shatin, New Territories	2604 2720

N.B.: Women who are practising contraception can go directly to birth control clinics without a prior appointment. Those who are not practising contraception can call the women's health clinics for an appointment. Unmarried women below the age of 26 can call a Youth Health Care Centre for an appointment.

• United Christian Nethersole Community Health Service

Community Health Centre	Address	Telephone Number
Jockey Club Wo Lok Community Health Centre	Unit 26-33, G/F, Kui On House, Wo Lok Estate, Hip Wo Street, Kwun Tong, Kowloon	2344 3444
Bradbury Kwong Tin Community Health Centre	Unit 203, Kwong Tin Shopping Centre, Kwong Tin Estate, Lam Tin, Kowloon	2340 3022
Kwong Fuk Community Health Centre	No. 19, G/F, Kwong Yan House, Kwong Fuk Estate, Tai Po, New Territories	2638 3846
UCN Jordan Health Centre	13/F, Sino Cheer Plaza, No. 23 Jordan Road, Kowloon	2770 8365 2783 7628
Jockey Club Tin Shui Wai Community Health Centre	Unit 103, 1/F, Tin Ching Amenity and Community Building, Tin Ching Estate, Tin Shui Wai, New Territories	3156 9000

• **Caritas – Hong Kong**
Precious Blood Hospital (Caritas)

Address: 113 Castle Peak Road, Sham Shui Po, Kowloon
 Enquiry Hotline: 3971 9910 or 3971 9980

Caritas Clinic	Address	Telephone Number
Caritas Jockey Club Tsuen Wan Clinic	G/F, Block B, 146 Chung On Street, Tsuen Wan, New Territories	2498 6941
Caritas Clinic - Caine Road	Room 032, G/F, Caritas House, 2 Caine Road, Hong Kong	2843 4617
Caritas Clinic - Ngau Tau Kok	G/F, Caritas Social Centre, 1 On Tak Road, Ngau Tau Kok, Kowloon	3796 4622

• **Haven of Hope Christian Service Clinics Network**

Clinic	Address	Telephone Number
Haven of Hope S. K. Yee Hau Tak Clinic	Medical Centre M207, 2/F, Hau Tak Shopping Centre, West Wing, Tseung Kwan O, Kowloon	2706 6881
Haven of Hope Bradbury King Lam Clinic	Shop No. 3, G/F, King Lui House, King Lam Estate, Tseung Kwan O, Kowloon	2701 9223
Haven of Hope S. K. Yee Po Lam Clinic	Unit 327-328, Po Ning House, Po Lam Estate, Tseung Kwan O, Kowloon	2704 5334
Haven of Hope S. K. Yee Tiu Keng Leng Clinic	G/F, Wing B, Ming Yat House, Kin Ming Estate, Tseung Kwan O, Kowloon	3144 9250
Haven of Hope Sau Mau Ping Clinic	Shop No. 314, Sau Mau Ping Shopping Centre, Sau Mau Ping Estate, Kowloon	2354 8333

• **Lady Helen Woo Women's Diagnostic and Treatment Centre**

The University of Hong Kong

Address: 2/F, East Wing, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong

Enquiry telephone: 2589 2405

Fax: 2549 7375

• **Centre of Research and Promotion of Women's Health**
The Chinese University of Hong Kong

Address: Room 421-425, 4/F, Lek Yuen Health Centre, 9 Lek Yuen Street, Shatin, New Territories, Hong Kong

Enquiry telephone: 2609 5100

Website: www.cuhk.edu.hk/crpwh

• **Well Women Clinic, Kwong Wah Hospital**

Address: 4/F, TWGHs Tsui Tsin Tong Outpatient Building, Kwong Wah Hospital, 25 Waterloo Road, Kowloon

Telephone (Enquiry & Appointment): 2782 1773

Fax (Appointment): 3517 2516

• **Well Women Clinic, Tung Wah Eastern Hospital**

Address: 2/F, TWGHs Lo Ka Chow Memorial Ophthalmic Centre, Tung Wah Eastern Hospital, 19 Eastern Hospital Road, Causeway Bay, Hong Kong

Telephone (Enquiry & Appointment): 2915 7555

Fax (Appointment): 2915 7351

• Woman Health Centres of Department of Health

(Provide comprehensive examination for women at or below 64 years of age.)

Website: www.fhs.gov.hk

Woman Health Centre	Address	Enquiry Telephone
Chai Wan Woman Health Centre ♦	2/F, Chai Wan Health Centre, 1 Hong Man Street, Chai Wan, Hong Kong	2897 9321
Lam Tin Woman Health Centre ※♦★	6/F, Lam Tin Polyclinic, 99 Kai Tin Road, Lam Tin, Kowloon	2952 9829
Tuen Mun Woman Health Centre ▲	Yan Oi Polyclinic, 4 Tuen Lee Street, Tuen Mun, New Territories	2451 5310

• Maternal and Child Health Centres of Department of Health

(Provide cervical screening for women from 25 years old onwards.)

Enquiry hotline: 2112 9900

Appointment Hotline: 3166 6631

Website: www.fhs.gov.hk

Hong Kong

Maternal and Child Health Centre	Addresses
Anne Black Maternal & Child Health Centre ♦	1/F, Anne Black Health Centre, 140 Tsat Tsz Mui Road, North Point
Ap Lei Chau Maternal & Child Health Centre ※♦	2/F, Ap Lei Chau Clinic, 161 Ap Lei Chau Main Street, Ap Lei Chau
Chai Wan Maternal & Child Health Centre ※♦	Level 2, Government Office, Block 6, New Jade Garden, 233 Chai Wan Road, Chai Wan
Sai Wan Ho Maternal & Child Health Centre ※♦▲	2/F, Sai Wan Ho Health Centre, 28 Tai Hong Street, Sai Wan Ho
Tang Chi Ngong Maternal & Child Health Centre ※♦★	4/F, Tang Chi Ngong Specialist Clinic, 284 Queen's Road East, Wan Chai
Sai Ying Pun Maternal & Child Health Centre ※♦▲	4/F, Sai Ying Pun Jockey Club Polyclinic, 134 Queen's Road West, Sai Ying Pun

Kowloon

Maternal and Child Health Centre	Addresses
East Kowloon Maternal & Child Health Centre ※♦▲	1/F, East Kowloon Polyclinic, 160 Hammer Hill Road, Diamond Hill
Hung Hom Maternal & Child Health Centre ♦	2/F, Hung Hom Clinic, 22 Station Lane, Hung Hom
Lam Tin Maternal & Child Health Centre ※♦	1/F, Lam Tin Polyclinic, 99 Kai Tin Road, Lam Tin
Ngau Tau Kok Maternal & Child Health Centre ※♦	1/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok
Robert Black Maternal & Child Health Centre ♦▲	1/F, Robert Black Health Centre, 600 Prince Edward Road, San Po Kong
Wang Tau Hom Maternal & Child Health Centre ♦▲	G/F, Wang Tau Hom Jockey Club Clinic, 200 Junction Road East, Wang Tau Hom
West Kowloon Maternal & Child Health Centre ※♦▲	2/F, West Kowloon Health Centre, Cheung Sha Wan Government Offices, 303 Cheung Sha Wan Road, Sham Shui Po
Wu York Yu Maternal & Child Health Centre ※♦★	1/F Wu York Yu Health Centre, 55 Sheung Fung Street, Wong Tai Sin
Yau Matei Maternal & Child Health Centre ※♦	6/F, Yau Matei Specialist Clinic Extension, 143 Battery Street, Yau Matei

New Territories East and Islands

Maternal and Child Health Centre	Addresses
Fanling Maternal & Child Health Centre ※♦▲	3/F, & 5/F, Fanling Health Centre, 2 Pik Fung Road, Fanling
Lek Yuen Maternal & Child Health Centre ※♦★	2/F, Lek Yuen Health Centre, 9 Lek Yuen Street, Shatin
Ma On Shan Maternal & Child Health Centre ※♦▲	1/F, Ma On Shan Health Centre, 609 Sai Sha Road, Ma On Shan

Tseung Kwan O Po Ning Road Maternal & Child Health Centre ※#◆▲	1/F, Tseung Kwan O Po Ning Road Health Centre, 28 Po Ning Road, Tseung Kwan O
Tung Chung Maternal & Child Health Centre ◆▲	G/F, Tung Chung Health Centre, 6 Fu Tung Street, Tung Chung, Lantau Island
Wong Siu Ching Maternal & Child Health Centre ◆	1/F, Wong Siu Ching Clinic, 1 Po Wu Lane, Tai Po
Cheung Chau Maternal & Child Health Centre ◆	G/F, St. John Hospital, Cheung Chau Hospital Road, Cheung Chau
Mui Wo Maternal & Child Health Centre ※#◆▲	1/F, Mui Wo Clinic, 2 Ngan Kwong Wan Road, Mui Wo, Lantau Island

New Territories West


Maternal and Child Health Centre	Addresses
Madam Yung Fung Shee Maternal & Child Health Centre ※◆▲	1/F, Madam Yung Fung Shee Health Centre, 26 Sai Ching Street, Yuen Long
Maurine Grantham Maternal & Child Health Centre ※◆★	G/F, Maurine Grantham Health Centre, 115 Castle Peak Road, Tsuen Wan
North Kwai Chung Maternal & Child Health Centre ◆▲	1/F, North Kwai Chung Clinic, 125 Tai Pak Tin Street, Kwai Chung
South Kwai Chung Maternal & Child Health Centre ◆	1/F, South Kwai Chung Jockey Club Polyclinic, 310 Kwai Shing Circuit, Kwai Chung
Tin Shui Wai Maternal & Child Health Centre ※◆▲	1/F, Tin Shui Wai Health Centre, 3 Tin Shui Road, Tin Shui Wai, Yuen Long
Tsing Yi Maternal & Child Health Centre ※◆	3/F, Cheung Hong Commercial Complex, Phase I, Cheung Hong Estate, Tsing Yi
Tuen Mun Wu Hong Maternal & Child Health Centre ※#◆▲	2/F, Tuen Mun Wu Hong Clinic, 2 Wu Hong Street, Tuen Mun
Yan Oi Maternal & Child Health Centre ※#◆▲	1/F, Yan Oi Polyclinic, 6 Tuen Lee Street, Tuen Mun

Note:

- ※ with lift facility
- # with sound reminder system in lift
- ◆ with toilet for disabled persons
- ▲ with tactile-guided path
- ★ with examination table for disabled persons

Enquiry telephone for lift, toilet and tactile-guided path facilities for disabled persons in Woman Health Centres and in Maternal and Child Health Centres: 3166 6631 (Press 2 and then press 6). For facilities in other organizations, please contact respective organizations for details.

The above clinics/centres are listed for reference only. It is not meant to be exhaustive.



Cervical Screening Programme
18/F Wu Chung House,
213, Queen's Road East, Wan Chai
Email: cervicalscreening@dh.gov.hk

Cervical Screening Programme Website:
www.cervicalscreening.gov.hk

Department of Health
24-hour Health Education Hotline:
2833 0111